1.000 - GYMNASTIC LEAPS, JUMPS AND HOPS

| A | B | C |  | D | E | F/G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1.110 <br> Stretched hop or jump with 1/1 turn $\left(360^{\circ}\right)$, also with free leg in optional position | 1.210 | 1.310 <br> Stretched hop or jump with 2/1 turn ( $720^{\circ}$ ) | 1.410 |  | 1.510 | 1.610 |
| 1.111 (*) <br> Leap with alternate leg change (knees above horizontal) (Cat leap) | 1.211 <br> Cat leap with $1 / 1$ turn $\left(360^{\circ}\right)$ | 1.311 <br> Cat leap with 2/1 turn $\left(720^{\circ}\right)$ | 1.411 |  | 1.511 | 1.611 |
| $\mu$ <br> Scissors leap forward (legs above horizontal) | $\stackrel{O}{M}$ | $\stackrel{m}{n}$ |  | (*) an a once $\qquad$ | same box with ive credit only cal order |  |
| Scissors leap forward (legs above horizontal) |  |  |  |  |  |  |

